

TRINITY HIGH SCHOOL

7574 West Division Street
River Forest, Illinois 60305
Phone 708-771-8383
Fax 708-488-2014
www.trinityhs.org

TRINITY'S MISSION STATEMENT

Trinity . . . The Premier Dominican College Preparatory School for Young Women.

Trinity . . . a Sinsinawa Dominican sponsored school.

Trinity . . . Trail Blazers in Women's Education

- ◆ *Trinity High School, in the Sinsinawa Dominican tradition, challenges young women to seek faith, knowledge and truth.*
- ◆ *The school community guides young women in developing skills for lifelong learning, an ethic of care and the desire for excellence.*
- ◆ *Each student is recognized as unique. In a nurturing, Catholic, college preparatory environment, she is encouraged to become self-directed toward responsible participation in the global community in order to impact society, Church and family in the twenty-first century.*

VISION FOR TEACHING AND LEARNING

*Trinity High School empowers young women to be leaders
who embody knowledge, faith and strength.*

Trinity High School shall not discriminate in accepting students on the basis of race, national or ethnic origin, or physical handicap.

ADMINISTRATION, FACULTY AND STAFF

ADMINISTRATION

Michelle Germanson, OP	President
Noreen Powers Ed.D.	Principal
Ms. Deborah Murphy.....	Assistant Principal / Dean of Students
Mrs. Jill Watts.....	Chief Financial Officer
Mrs. Christine Bollettino	Vice President Institutional Advancement

FACULTY AND STAFF

Mrs. Rosemarie Barone	Student Supervisor
Mrs. Mary Barrett	Social Studies
Mr. Tony Bartuch.....	Maintenance
Mrs. Susan Bedell	Theology
Mrs. Rachel Behren	Guidance Counselor*
Mrs. Christina Bennett	Mathematics*
Mrs. Terese Black	English*
Mrs. Julia Buckley	English
Mr. Mark Bumgardner	Building Engineer
Ms. Veta Calabrese.....	Business*
Mrs. Diane Casaccio.....	Finance Assistant
Ms. Rosaria Cicchetti	Physical Education
Mrs. Pam Costello.....	Fine and Performing Arts
Mrs. Susan Crnich.....	School Secretary
Ms. Rose Crnkovich	IB Coordinator / English
Ms. Diane Cummings.....	Student Tutoring Center
Mr. Sean Daly	Social Science*
Mrs. Beth Damascus.....	World Language
Ms. JoMari DeLaPiedra	Administrative Assistant to the Principal
Ms. JoAnne Ferlito	Assistant Data Manager
Mrs. Linda Harrington.....	English
Mrs. Marigayle Harrington.....	Alumnae/Annual Fund Director
Mrs. Victoria Herling	Guidance Counselor
Ms. Pat Henderson.....	Fine and Performing Arts
Ms. Melanie Hillegass	World Language*
Mrs. Heather Hopek.....	Science
Ms. Klara Huss.....	World Language
Ms. Tamariz Irlanda	World Language
Mrs. Carol Kane	Bookstore Manager
Ms. Elizabeth Killackey	Science
Mrs. Molly Klowden	Librarian•
Ms. Renee Koziol.....	Guidance Counselor
Mrs. Kristine Kurpiewski.....	Science
Ms. Bridget Lally.....	World Language

Mrs. Andrea Lamacki	Executive Assistant to the President
Ms. Melissa Link.....	Theology*
Mr. Sean Patrick Loesch.....	Theology
Mr. Tao Luo	World Language
Mrs. Rosalie Martinez	Registrar/Administrative Assistant to Guidance
Mrs. Kara McBride	Theology
Ms. Kathleen McKeon.....	Campus Ministry
Ms. Maggie McNair	English
Mrs. Margaret Meier.....	Theology
Mrs. Rachel Meiner.....	Athletic Director
Mrs. Margaret Metzger.....	English
Ms. Barbara Mezyk.....	Social Studies
Mrs. Judy Miller.....	Mathematics
Mrs. Courtney Mooney.....	Physical Education/Health & Fitness Director*
Mrs. Rachel Mroz.....	Science*
Ms. Jean O'Brien.....	Special Events
Mrs. Linda Powell.....	Fine and Performing Arts
Ms. Molly Puttin.....	Receptionist/Attendance Office
Ms. Nikki Renfroe.....	Fine and Performing Arts
Ms. Theoni Richardson.....	Fine and Performing Arts
Mr. Brad Ritchie	Technology Coordinator
Mrs. Jacquelyn Robinson.....	World Language
Mrs. Kelly Rosas	Fine and Performing Arts
Ms. Audra Shatat	Coordinator of IA records
Mrs. Victoria Siliunas.....	Fine and Performing Arts•
Mrs. Patricia Spohnholtz	Science
Mrs. Mary Tansey	Director of Public Relations
Ms. Alice Tebbutt	Mathematics
Ms. Elizabeth Terpstra	Business Education
Ms. Susan Tindall.....	Assistant Librarian/Media Specialist
Ms. Lauren Tomassone	Science
Mrs. Deborah Voves	Mathematics
Mrs. Patti Williams.....	Director of Marketing and Admissions
Mrs. Christina Zabrodsky	Mathematics

• Designates Department Chairperson

WHOM TO CONTACT AT TRINITY

You may call the school office between 7:30 a.m. and 4:00 p.m. Monday through Friday. For particular information, please ask for:

Special Events.....	Ms. Jean O'Brien
Registrar, Transcripts, Health Records.....	Mrs. Rosalie Martinez
Computer Lab	Mr. Brad Ritchie
Athletics.....	Mrs. Rachel Meiner
Retreats, Liturgies.....	Ms. Kathleen McKeon
Academic Progress in a class.....	Individual Teachers
Withdrawal/Transfer.....	Ms. Deborah Murphy
Admissions.....	Mrs. Mary Tansey
Student Schedules/Changes	Guidance Department
Absence	Main Office
Tuition	Mrs. Diane Casaccio
General Financial Matters.....	Mrs. Jill Watts
Disciplinary Matters.....	Ms. Deborah Murphy
Curriculum/Faculty/Policies.....	Noreen Powers, Ed.D.
Administration/Development.....	Sr. Michelle Germanson
Alumnae	Mrs. Marigayle Harrington
Recruitment / Public Relations.....	Mrs. Mary Tansey /Mrs. Patti Williams
College/Senior Counseling	Mrs. Renee Koziol
Student Activities.....	Mrs. Susan Bedell
Library Services	Mrs. Molly Klowden
General School-Related Questions	Noreen Powers, Ed.D.
Community Relations.....	Sr. Michelle Germanson
International Baccalaureate	Ms. Rose Crnkovich
Music Production.....	Mrs. Linda Powell
Theater Production.....	Ms. Pat Henderson

IMPORTANT DATES TO NOTE 2015 - 2016

August, 2015

19, Wednesday	Class of 2019 Orientation 12:30 Dismissal New Student Orientation
20, Thursday	Class of 2018 Orientation 12:30 Dismissal
21, Friday	Freshman Day of Service – 12:30 Dismissal
24, Monday	First Day of School Noon Dismissal

September, 2015

7, Monday	Labor Day – NO CLASSES
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October, 2015

12, Monday	Columbus Day – NO CLASSES
14, Wednesday	Nat'l Test Day
21-22, Wed. & Thurs.	End of 1st Block / EXAMS 11:00 Dismissal
23, Friday	Grading Day – NO CLASSES

November, 2015

25, Wednesday	Thanksgiving Break Begins
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December, 2015

18, Friday	Noon Dismissal, Christmas break begins
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January, 2016

4, Monday	Classes Resume
9, Saturday	Entrance Exam, Class of 2018
13-14, Wed. & Thurs..	End of 2nd Block / EXAMS 11:00 Dismissal
15, Friday	Grading Day – NO CLASSES
18, Monday	Martin Luther King Day – NO CLASSES
25, Monday	<i>Catholic Peace & Justice Week Begins</i>

February, 2016

12, Friday	Faculty Retreat – NO CLASSES
15, Monday	President's Day – NO CLASSES

March, 2016

22-23, Tues. & Wed.	End of 3rd Block / EXAMS 11:00 Dismissal
24, Thursday	Holy Thursday – NO CLASSES
25, Friday	Good Friday – NO CLASSES
28 thru April 4	Easter Break – NO CLASSES

April, 2016

4, Monday	Classes Resume
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May, 2016

23-24, Mon. & Tues.	SENIOR EXAMS
26, Thursday	Honors Convocation
27, Friday	2:00 Dismissal - Baccalaureate & Commencement
30, Monday	Memorial Day – NO CLASSES

June, 2016

1-2, Wed. & Thurs..	FINAL EXAMS – 11:00 Dismissal
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TRINITY HIGH SCHOOL

2015 - 2016 TIME SCHEDULE

Regular Daily Schedule

Period 1:	8:00 - 9:25
Homeroom:	9:29 - 9:37
Period 2:	9:41 - 11:06
<i>Lunches</i>	<i>Activity Periods</i>
3A 11:11 - 11:35	3A 11:11 - 11:35
3B 11:41 - 12:06	3B 11:41 - 12:06
Period 4:	12:11 - 1:36
Period 5:	1:40 - 3:07

Assembly / Early Dismissal

Period 1:	8:00 - 9:13
Homeroom:	9:17 - 9:25
Period 2:	9:29 - 10:42
<i>Lunches</i>	<i>Activity Periods</i>
3A 10:47 - 11:12	3A 10:47 - 11:12
3B 11:17 - 11:42	3B 11:17 - 11:42
Period 4:	11:47 - 1:00
Period 5:	1:04 - 2:17
Assembly:	2:30 - 3:07

Liturgy Schedule

Period 1:	8:00 - 9:10
Period 2:	9:14 - 10:24
Liturgy	10:30 - 11:40
Period 3A	11:45 - 12:10
Period 3B	12:14 - 12:39
Period 4:	12:43 - 1:53
Period 5:	1:57 - 3:07

Late Start

Period 1:	9:30 - 10:35
Period 2:	10:39 - 11:49
<i>Lunches</i>	<i>Activity Periods</i>
3A 11:51 - 12:18	3A 11:53 - 12:18
3B 12:22 - 12:47	3B 12:22 - 12:47
Period 4:	12:51 - 1:56
Period 5:	2:00 - 3:07

CO-CURRICULAR CLUBS & ORGANIZATIONS

The goal of Trinity's Co-curricular Program is to help students to learn that an individual can make a difference in the world in which she lives, especially when working with others. Clubs, organizations, student government and honor societies depend on students to make a difference through their dedication, creativity, involvement, and service.

Club

Ambassadors Club
Art Club
Be A S.A.I.N.T
Blaze (Newspaper)
Blazers Against Cancer
Blazer Badminton Club
Chamber Choir
Conference 2013
Debate Club
Drama Club
Environmental Club
French in Action
Freshman Class
Girls Who Code
Inksters
International Thespian Society
Junior Class
Liturgy Planning Team
Math Club
Media Club
Micah 6:8:
National Art Honor Society
National French Honors Society
National Honor Society
National Italian Honor Society
National Spanish Honor Society
Quill and Scroll
Robotics Club
S.A.D.D.
Science Fiction Club
Senior Class
Sophomore Class
Spanish in Action Club
Student Council
T.A.D.

Moderator

Mrs. Mary Tansey
Mrs. Pamela Costello
Ms. Lauren Tomassone
Mrs. Julia Buckley
Mr. Sean Daly
Mrs. Courtney Mooney
Mrs. Linda Crabtree-Powell
Ms. Maggie McNair
Ms. Beth Terpstra
Ms. Pat Henderson
Ms. Elizabeth Killacky
Mrs. Sue Lappe
Mrs. Patricia Spohnholtz
Ms. Rachel Mroz
Mrs. Julia Buckley
Ms. Pat Henderson
Ms. Lauren Tomassone
Ms. Kathleen McKeon
Ms. Alice Tebbutt
Mrs. Terese Black
Ms. Kathleen McKeon
Mrs. Kelly Rosas
Ms. Melanie Hillegass
Mrs. Linda Harrington
Mrs. Klara Huss
Mrs. Beth Damascus
Mrs. Rose Crnkovich & Mrs. Julia Buckley
Mrs. Kristine Kurpiewski
Mrs. Renee Koziol
Ms. Maggie McNair
Ms. Kathleen Maloney
Ms. Rachel Behren
Ms. Tamariz Irlanda
Mrs. Susan Bedell
Mrs. Viki Siliunas

Team Trinity (Dance Team)
Thespians International Association
Wyndword (Yearbook)
Youth Ending Hunger

Mrs. Rachel Mroz & Mrs. Courtney Mooney
Ms. Pat Henderson
Ms. Rose Crnkovich
Ms. Maggie Meier

STUDENT DIRECTIVES

2015 - 2016

Trinity High School empowers young women to be leaders who embody knowledge, faith and strength. The following student directives flow from the four goals of Trinity High School whose purposes are to promote religious, intellectual, personal and social development of the student. Hence, they are intended to be helpful procedures contributing to the positive Christian atmosphere of Trinity High School as a faith and educational community.

CODE OF CONDUCT

1. Assemblies

All school gatherings provide the opportunity for the Trinity community to learn, to celebrate or to enjoy enrichment. It is required that all students be present at all school assemblies and that their behavior be reflective of mature, Christian young women. Students are to sit in their assigned seats in the auditorium or gym. Because of the varying length of assemblies, students may be dismissed a few minutes earlier than the regular dismissal time on these days.

2. Attendance

Trinity places a priority on student attendance and expects the cooperation of parents in ensuring that daughters are in regular attendance.

Policy — A student is allowed 3 excused absences per block without penalty to her academic record. Any student who exceeds 3 absences in a class or classes will meet with her counselor and the Assistant Principal and may be placed on Attendance Probation. While on Attendance Probation, if she has additional absences she must present a note from a doctor, on doctor's stationery, stating she was under his/her care and the absence was medically necessary. The note must be presented to the Assistant Principal upon her return before period 1 after the absence. The student will then be given a note to show her teachers allowing her to make up work missed. If a note is not presented, make up work is not allowed and points will be lost for assignments. In the case of a test or quiz, a failing grade may be entered into her average and continued absences may result in failure of a course or courses. Continued absences without a note from a doctor will warrant a parent meeting with the counselor and Assistant Principal. Exceptions will be made for extended illnesses and extenuating circumstances.

- Each day of an absence counts as 1 (one) absence, whether these are consecutive or individual days.
- Each day taken for vacation during the school year is 1 (one) day's absence.
- Each tardy after 8:15 will be figured as an absence from the class in progress.
- Only 2 (two) absences per quarter are allowed for any school-sponsored activity – retreats (except Kairos), field trips, etc. Seniors are allowed 2 (two) college visit days per year. Juniors are allowed 1 (one) college visit day per year. These college visit days may not be taken during the month of May and, to be counted as a college visit day, students must complete and submit forms PRIOR to the visit. Forms can be found in the Guidance office.
- Personal free day and college visits will prevent participation in after school events.
- Students must be in attendance for at least two full class periods in order to participate in school

events including dances, theatre performances, and athletic and co-curricular events.

Procedures – If something necessitates an absence, we ask that the following be observed:

- **Call the Office (708) 771-8383 before 9:00 a.m.** explaining the reason for the absence.
- Please call the student's Guidance Counselor to request homework or special circumstances regarding your daughter.
- Bring a written note to the office when returning if no telephone contact was made or only an answering machine was reached. This is the student's responsibility. Failure to do so will result in a detention.

Early dismissals are strongly discouraged. However, if a student must have an early dismissal, she must present a note written and signed by a parent explaining the reason and must present the request to the Office at the beginning of the school day. For safety reasons, students will only be released for an early dismissal via phone call in case of an extreme emergency. If a student is to be released via a phone call, the parent must come into the building and sign their daughter out. **No early dismissals will be honored on special event days or before end-of-the-day assemblies.**

Tardiness - If a student is tardy to school, she must sign in at the Main Office and receive a pass to class. Each tardy to school or a class will result in a detention that is to be served on the first Monday, Tuesday or Wednesday after it is issued. In addition, after the fifth tardy, the student will be issued a Saturday detention. After six tardies, the student and her parents will be required to meet with the Dean of Students. **A phone call from a parent does not excuse the tardy or detention beyond one time each session.**

Tuancy – Absence from school or cutting a class or assembly without sufficient reason and parental permission is considered truancy. Since truancy is viewed as a willful withdrawal from Trinity High School, the following procedures will be followed:

- A conference will be held with the student, her parents and the Dean of Students before the student is allowed to return to school.
- Credit may be lost by the student for any work due or completed in a class that day. This includes projects, papers, tests and quizzes.
- The student will serve 4 Saturday Detentions from 8-11 a.m. in full uniform. Dates of the detentions will be determined by the Dean. Failure to serve the detentions will result in an in-school suspension and a parent meeting with the Dean. Second truanies will be dealt with by the Dean of Students in consultation with the administration. Such cases may result in dismissal.

Attending Special Event Days – Walk-a-Thon, retreats, special assemblies, Honors Convocation, etc. are scheduled during school hours and are considered significant school days. If a student is absent on one of these days, the above rules apply. We hope parents will encourage their daughters to attend the special events designed for their enrichment or enjoyment.

3. Behavior

Since Trinity students are expected to show Christian consideration and concern for all in the school community, the code of conduct is intended to provide for the students, their parents, and the faculty an understanding of the behavior expected of students and the procedures used in maintaining that standard of conduct. In light of this, any misconduct on the part of the student, such as: disrespect or discourtesy towards school personnel, visitors or other students; immature and inappropriate conduct; threats, verbal, written or gestures, including on social media; vulgarity; forgery; classroom disruptions; leaving the school campus; littering the school building and grounds; inappropriate behavior in the study hall, library, computer centers, cafeteria, washrooms, or corridors; tampering with or destruction of hallway displays or locker decorations; and any other behavior warranting disciplinary action will not be tolerated. Students traveling to and from school, attending/participating in events or activities identified with Trinity are expected to abide by Trinity's code of Christian, respectful behavior and values. School Officials are not expected to police off-campus, non-school activities unless the violation is brought to public attention and is sufficiently severe to bring discredit to Trinity High School.

4. Book Bags

A book bag is defined as any bag, carried by a student, containing a book (or books) and/or notebook(s). This includes large purses and backpack purses. Students are allowed to carry a purse no larger than 8" x 11" during the school day. Book bags are to be left in the locker prior to the student's first class of the day. Book bags carried during the school day will be confiscated by a teacher or supervisor and must be picked up in the Dean's office.

5. Bullying/Fighting

Bullying is repeated intimidation to cause psychological, emotional or physical harm. Bullying can be verbal (i.e. teasing), social (i.e. spreading rumors) or physical (i.e. pinching). It can be blatant or subtle behavior.

Fighting, both physical and verbal, and bullying are a threat to everyone's right to a safe environment. It is not allowed and will result in **immediate suspension** from school. All students having any involvement in any bullying (including on social media) or physical altercation will be sent home until a meeting can be arranged with the Administration. Any student harassing, threatening, or brandishing any object as a weapon will face disciplinary action as outlined on page 16. Any possession of a firearm in or on school property will be immediately reported to police. Students will not be allowed to return to school until a meeting with the Administration is arranged. Fighting will result in conflict management counseling and may result in dismissal from Trinity High School.

6. Cafeteria

Our cafeteria offers full meals daily. Therefore, no student is permitted to order food into the school at any time. Parents wishing to do so must make previous arrangements with the Assistant Principal. The school cafeteria is a place where students gather to share meals, conversation and friendship. Students are expected to be courteous, thoughtful and orderly toward everyone. Students may choose where to sit in the cafeteria. Each student is responsible for cleaning up after herself. All students at a table are responsible for leaving a clean table. Anyone who does not leave a clean table will be responsible for cleaning the cafeteria tables the following day(s). **No food or beverages are allowed outside the cafeteria.** Food brought into school must be eaten in the cafeteria. Students may carry a clear, spill proof, unbreakable, reusable **bottle for water only** during the school day. **Irresponsible behavior in the cafeteria could result in the loss of cafeteria privileges.**

7. Care of School Property

Since the environment of the school is reflective of the values of the people who inhabit it, it is expected that students take responsibility for maintaining the beauty and orderliness of the school. A student is responsible for any damage she has caused to school or personal property. Vandalism including writing in or on lockers will not be tolerated and will result in disciplinary action.

8. Cellular Telephones/Watches

While we understand the safety need for cellular phones, we do not allow the use of this electronic device for CALLS or TEXT messages in the school building during the school day as they can be disruptive to the learning environment. **In case of emergency parents should contact the main office directly** and a message will be relayed to your daughter. Students who are ill or need to contact a parent for an emergency must call from the office. All cell phones must be turned off and kept in lockers during the school day. Use of a cell phone or the presence of this device outside of a locker will result in confiscation, a **\$25.00 fine**, and may be returned only to parents.

9. Computer Labs

The computer labs are available to students and faculty, both in classes scheduled to use the facilities and to individuals when a class is not in progress. Students must follow all rules and guidelines developed by the Technology Coordinator or the supervising teacher. The labs are open during the school day. The Technology Center will be open after school until 4:00, Monday through Thursday. Other times may be arranged by appointment through the Technology Coordinator. Students may not be in the computer labs while they are in a scheduled class without a note from that teacher. **Students are not allowed into the computer labs without first presenting their Trinity**

I.D. card.

10. Corporal Punishment

Corporal punishment by any employee of Trinity High School is against policy. Any employee engaging in corporal punishment may be dismissed from his/her contract.

11. Class Truancy

Attendance in every class is essential for instruction and to insure that all material is received by each student. Any student who does not attend a class or classes without permission from either the Administration or her parents is considered truant from that class. Cutting a class is a very serious offense and will result in loss of points for work completed in that class that day, including tests and/or quizzes, as well as a Saturday Detention.

12. Dances

Trinity has adopted the following policies in order to maintain a safe and enjoyable environment at student dances:

1. Students must be in attendance at least half a day, (8:00 a.m. until 3A, or 3B until dismissal) in order to participate in school events including dances.
2. Only students with a valid Catholic high school I.D. will be admitted at the door on the night of any school mixer.
3. All students attending the dance must be in the dance no later than 1/2 hour after the dance begins and must stay until 1/2 hour before the dance ends.
4. Boys wearing an excess of jewelry and students wearing gang symbols or colors will not be admitted.
5. All hats and team jackets must be checked at the door.
6. Dancing which we determine to be inappropriate will not be tolerated.
7. Students who engage in such dancing will be asked to leave the dance.
8. Any Trinity student who is asked to leave the dance will make a phone call to her parents to inform them that she is leaving.
9. Students who leave the dance for the night and those who are not admitted may not loiter on Trinity's property or around the school.
10. Students attending Sr. Prom must have all obligations met before a Prom ticket can be purchased. This includes tuition, detentions, class fees, athletic fees, cell phone fines and Fund raising obligations.

13. Detention

Detentions can be issued to students by any faculty or staff member for violation to policies in the Student Handbook and infractions of school directives. Detention is held on Monday, Tuesday and Wednesday from 3:15-4:00. Students are expected to serve their detention on the first available date after the detention is issued. **Students are to report to detention in full uniform and may not bring book bags or coats.** Failure to serve detention on the first Monday, Tuesday or Wednesday after it is issued will result in a Saturday Detention to be served in addition to the original detention. Students are required to turn in their original detention form to the monitor in order to receive credit for detentions served. Students with outstanding detentions will not be allowed to participate in co-curricular events including sports, dances, Kairos and school sponsored field trips.

Saturday Detention is held on assigned Saturdays from 8:00-11:00 a.m. in full uniform and students must pay a fee of \$20. Failure to serve a Saturday Detention will result in a student/parent conference with the Dean.

Any student who receives 5 detentions may be required to attend a meeting with her parents and the Dean and may warrant further disciplinary action.

All disciplinary issues, including all detentions, must be served before Block 2 and Block 4 exams are given and grades are released.

14. Dress Code and Uniform Violation

Trinity students are expected to be neat, clean and well-groomed as a sign of their self-respect and esteem. Trinity's uniform consists of a uniform skirt and matching uniform sweater worn with a white long or short sleeved Trinity polo shirt bought through Schoolbelles. In case of emergency, uniform items may be rented from the office for \$5.00 per day per item. If a student needs to rent a uniform after one incident, she may be sent home to retrieve her uniform. Students are expected to come to and from school in their uniforms. During the winter months, pants may be worn to school for warmth, but students must change into their skirts as soon as they enter the building.

Uniform Skirts - Uniform skirts must be hemmed to a length no shorter than one inch above the knee and are not to be rolled at the waist at any time. Parents of students whose skirts are deemed too short will be contacted and arrangements must be made to adjust the length of the skirt.

Shoes - Due to safety concerns, backless shoes or shoes with soles/heels that exceed one inch may **NOT** be worn at any time. **Students must wear enclosed black, brown, or dark blue dress shoes. Athletic or athletic looking shoes, moccasins, slippers, sandals, canvas, multicolor, backless shoes and boots are never permitted**

Socks - Solid color blue, black, gray or white **knee socks or tights are to be worn at all times. No other leg coverings are permitted.**

Shorts - Shorts worn under the uniform may not be visible. Students will be asked to remove visible shorts.

Shirts - All students may only wear the Trinity High School polo shirt purchased from Schoolbelles. Plain white shirts or blouses are considered out of uniform. **Students are permitted to wear a solid white short sleeve tee-shirt under their uniform polo, provided the tee-shirt does not hang out from under the banded bottom. Tee-shirts should be tucked into the skirt. During the winter months students may wear a solid color dark blue, black or white turtleneck with uniform shirt and sweater/fleece. Long sleeve T-shirts may NOT be worn under a short sleeve THS polo without wearing a THS sweater. The uniform shirt must be worn at all times.**

Accessories/Hair - Hats or head scarves may not be worn at any time in the school building. Inappropriate jewelry may not be worn. Extreme, severe or bizarre hairstyles and/or colors are unacceptable. Any students with unacceptable hair color may be sent home after a conference with her parents. **The Dean of Students is the sole arbiter of good taste.**

Miscellaneous - Any other apparel, accessories, and body decorations (i.e. tattoos, tongue piercing, brow piercing, body piercing, etc.) which are worn are considered a violation of the uniform policy. Band-aids or other coverings may not be worn over piercings. Any student coming to school with visible body piercing, other than **ONE EARRING WORN IN EACH EAR** will be asked to remove the jewelry and the jewelry will be confiscated by the Dean. Any student with a visible tattoo will be required to cover it during the school day and at school functions. Failure to follow this policy will result in suspension and the student will not be permitted to return to school until the object is removed or the tattoo is covered.

Dress Up Days - On special occasions students may be allowed to dress up for school. On these days students are to dress appropriately and are not allowed to wear low cut, strapless or tank tops. Skirts should be a modest length and no bare midriffs will be allowed. Any student deemed dressed inappropriately will be rented a uniform skirt and shirt for the day and will not be allowed to participate in future dress up days. Gym shoes, sandals and flip-flops are not allowed. Hats may never be worn in the building.

Dress Down Days - Occasionally students are allowed to dress down as incentives for fundraising and other occasions. Students are allowed to wear **TRINITY WEAR** on those days and should be dressed appropriately. **Bare midriffs and low cut revealing tops, strapless and tanks are never allowed in school. Sandals and flip flops are never allowed.**

15. Drugs and Alcohol

The selling or distribution of illegal drugs is grounds for immediate dismissal. Any student in possession or under the influence of drugs or alcohol during the school day or at school-sponsored

activities on or off campus, will be suspended and subject to the provisions of the substance abuse policy of the school. The Administration reserves the right to require drug testing at any time if deemed necessary.

16. Elevator

Elevator use is limited to faculty and handicapped students. Students who need to use the elevator because of an injury must obtain a temporary pass from the Office. The elevator may not be used during a fire drill.

17. Fees

Standard fees are charged to the tuition account. Freshmen, sophomores and juniors pay a fee of \$150.00 which covers the cost of the yearbook, student handbook, student lock, an annual retreat and standardized testing program. The Senior fee is \$200.00 which includes all of the above and a graduation fee. This fee does not include any participation fees associated with the International Baccalaureate program, course fees, athletic fees, or transportation fee.

18. Fire Drills

Directions for exiting the buildings are posted in each classroom. Students are asked to take notice of them. If the fire alarm rings, students are expected to follow the directions and move quickly and silently.

19. Fund-Raising

Each year two fund-raising activities, the walkathon in the fall and the raffle in winter, are held for the benefit of Trinity High School. Student participation in these events is mandatory and monies raised help to balance the actual cost of educating each student. Students may not take block or session exams unless all monies and materials, **including the Pledge for Blazer Excellence Program participation/support form, are returned to the Institutional Advancement Office.**

20. Gum

Gum chewing is **not** allowed anywhere in the school building. Chewing gum at any time will result in a detention.

21. Halls

Students may not be in the halls during classes without a hall pass. Running is not permitted.

22. Illness

A student who is ill should report to the main office. In the case of fever or vomiting, students must make arrangements to go home.

23. Injury

Students who are injured will be assessed by the Dean of Students who will also contact parents. Following an injury, a student should complete an injury report in the main office.

24. iPods, cameras and other electronic devices

Tape/CD players, recorders, iPods, MP3 players, cameras and radios may not be used during the school day. If they are brought to school, they are to be kept in lockers.

25. Leaving the Building

A student may leave the building during school hours only if she has permission from the main office and has signed out. Either a note from parents or, in the case of an emergency, a phone contact with parents is required and the parent must come in and sign the student out.

26. Library

The library is open each day at 7:15 a.m. On Thursday and Friday, the library closes at 3:30 p.m. On Monday, Tuesday and Wednesday, the hours are extended to 4:00 p.m. Students may also use the library resources during study hall periods and are expected to follow the rules and regulations promulgated by the library staff. Students will not be allowed into the library without an ID.

27. Lockers

Each student is assigned a locker which she retains throughout her four years at Trinity. All lockers are to be kept in order with the door closed and locked. Leaving the locker open or sharing the combination negates the security of the locker. Detentions will be issued to any student who leaves her locker open or unlocked. All items will be removed from any unlocked locker. Trinity High School does not assume responsibility for the recovery or replacement of lost, stolen or damaged property. A student who steals from another member of the Trinity community may be expelled. Students must keep assigned lockers, and only locks purchased at the Trinity bookstore may be used. Under special circumstances, school authorities reserve the right to inspect a student's locker. **Sitting on the floor while gathering in front of lockers is not permitted.**

28. Money

Students may not collect money or sell any item on school property without permission from the Administration. Trinity does not permit fundraising to support individual students or outside organizations for trips, sports, enrichment or service projects.

29. Parking Lot/Cars

We ask that both parents and students cooperate with parking lot rules. **Parents, especially, are asked to follow the drop-off pattern on page 15.** Students being picked up at the end of the school day are to be picked up on Jackson Avenue or Berkshire Street. No student is to be picked up on either side of Division or Lathrop streets. Cars parked along Lathrop will be ticketed by the police. No parking is permitted on the either side of Jackson south of the field. Parking on Berkshire is allowed only on the south side. Parking in front of homes is not permitted at any time.

Students must register their license plates at the Main Office and pay a \$25 parking fee in order to receive a Trinity parking space with a corresponding, numbered tag. Parking spaces will be arranged on a first come /first serve basis to seniors and juniors during book sales. One spot per carpool will be arranged. Tags must be displayed on the rearview mirror at all times. Failure to do so, or parking in a non-designated area will result in a Saturday Detention.

Drop off Pattern

Please drop students off while you are still in line and do not wait until each car is at the sidewalk. Students may walk through the lot to enter through either back door or the door just south of the auditorium on Lathrop.

Parking lot guidelines and the drop-off/pick-up pattern may change during the course of the year. Any changes will be sent home to parents as soon as possible.

30. Residency

Students in attendance at Trinity High School must be unmarried and reside with parent(s) or a legal guardian. Trinity has the right and responsibility to know where and with whom a student resides. If residence or phone number changes during the school year, it is the responsibility of the student and the parent to notify the main office immediately.

31. School-Sponsored Trips

Students participating in school-sponsored trips are subject to all of Trinity's rules of conduct and the rules pertaining to the specific trip. **Students are subject to approval by the Dean prior participation. Tuition must be paid up to date before deposits will be accepted for any exented trips.**

32. Shadow Days / Visitors

Shadow Days are an opportunity for 7th or 8th grade girls to visit Trinity. All arrangements are made in advance through the Recruiter. Approval for Shadow Days for transfer students must go through the Dean. Other visitors or younger children are not permitted during the school day.

33. Signs, Posters and Printed Materials

Signs and posters must be approved by the Dean or the Activities Moderator, and posted only on the cork strips throughout the school. Printed material from students or from organizations outside of

Trinity must be approved by the Dean.

34. Smoking

Smoking is prohibited on Trinity property and within a 6 block radius of the school, both within and outside of vehicles. This no smoking rule will be considered violated when a student is in possession of or is in the vicinity of a lit or unlit cigarette, throws a cigarette away, is in a lavatory with smoke coming from it or if there is a suspicion of a violation of this rule. A student who violates the no smoking rule exhibits serious disregard for the safety of all others and will be fined \$50, and receive one Saturday Detention. Further infractions of this policy will result in a meeting with the student's parents and the Dean.

35. Student I.D.'s

Students are required to wear their current I.D. at all times on the Trinity I.D. reel provided by the school. Failure to wear a student I.D. will warrant a Detention. Students are required to surrender their I.D. to a teacher when asked. Replacement cost of I.D. is \$5 and lanyard \$3.

36. iPods, cameras and other electronic devices

Tape/CD players, recorders, I Pod, MP3 players, cameras and radios may not be used during the school day. If they are brought to school, they are to be kept in lockers.

37. Theft

Theft is not tolerated and may result in dismissal from school.

38. Tornado Instructions

Remain calm. Exit the classroom into the hallway, staying clear of windows and doorways. Kneel facing the lockers with your hands over your head and maintain in silence. Wait for the all-clear signal either via PA or bells to return to the classroom.

39. Vacations

Parents are provided with Trinity calendars, as well as access online, and are strongly discouraged from planning vacations on school days. This is particularly true of exam days and days before and after Christmas and Easter breaks. Teachers are not obligated to provide makeup work or tests. It is the student's responsibility to speak to each teacher regarding makeup work. Each day of vacation counts as a day of absence and is subject to the absence policy. **BOTH the Office and Teachers must be notified by a parent in writing prior to the absence.**

40. Visitors

All visitors to Trinity must report immediately to the main office and sign in. If a student from another high school wishes to visit Trinity, permission must be obtained from the Dean at least two days prior to the event.

41. Wellness Statement for Student

Trinity High School is committed to providing a learning environment that supports and promotes wellness, good nutrition, and an active lifestyle and recognizes the positive relationship between good nutrition, physical activity and the capacity of students to develop and learn.

To that end, we have built a state of the art Health and Fitness Center which is open to all students and female faculty and staff members, both during and after school each day. In addition to physical education and health classes, exercise programs and strength and conditioning classes are also held. Programs on nutrition and healthy living and decision making are presented through academic classes, student orientations and guidance department events. The food service provider follows all recommended guidelines to insure healthy food options for students as well as faculty and staff members. Students are allowed to carry water during the school day in the official Trinity water bottle only. All other containers are not allowed.

DISCIPLINARY ACTION

If a student departs in a serious way from the directives in the Student Handbook, her actions are

subject to review by the Trinity Administration. The forms of disciplinary action that may be taken are (but not limited to): probation, suspension, removal from a class, and dismissal from Trinity High School.

Probation

Terms of probation may include the loss of privileges at Trinity which may include:

- Participation on school athletic teams or co-curricular activities
- Running for or holding any student office
- Membership in honor societies
- Participation in any school event
- Appearing in school plays, or performances

Counseling may be mandated when deemed appropriate. Additional items may be included in Probation and will be determined individually. The duration of the probation is at the discretion of the Administration.

Suspension

Suspension may be assigned in school or out of school at the discretion of the Administration. While suspended, students may not be allowed to complete make up work and may lose credit for work due or completed in classes missed during the suspension.

Dismissal from Trinity High School

Any student dismissed from Trinity High School will be asked to transfer to another high school.

To help our students develop an attitude of accountability and responsibility for their actions, we believe that disciplinary guidelines are necessary. In establishing these guidelines, we recognize that not all students can be handled in exactly the same manner. However, we strive for consistency as we work with students on matters of discipline.

SUBSTANCE ABUSE POLICY

Trinity High School is concerned with the full and harmonious development of the whole person. It is our intent to strengthen and encourage responsible decision making and to recognize that the individual is responsible for making choices. Since substance abuse has serious consequences for the individual and society, prompt and appropriate action is necessary. Consequently, Trinity will adhere to the following policy and procedures.

Policy

- I. The selling or distribution of illegal drugs is grounds for immediate dismissal.
- II. Any student in possession of, or under the influence of, drugs or alcohol during the school day or at school-sponsored activities on or off campus, will be suspended. Reinstatement is dependent upon fulfillment of stated requirements.

Procedures:

- I. Selling or distribution
 - A. Substances will be identified by the Dean (local police will be consulted when necessary). The charges will be verified by the Dean in consultation with the Administration.
 - B. The parents will be notified of permanent dismissal by the Principal.
 - C. A report will be filed with the local authority.
 - D. Students are entitled to due process.
- II. Possession or being under the influence
 - A. After verification by the Administration, the student will be suspended and the parent(s) will be notified of a conference to be held following the required drug testing.
 - B. In the event of a positive drug test, the parent(s) will have 3 days to seek a psychological evaluation at a school-approved agency. Trinity High School will seek the agency's recommendation as

to whether:

1. The student's use of drugs/alcohol is insignificant and she can return to school.
 2. The student may return to school only if she enrolls in a drug/alcohol education program that is sanctioned by the school.
 3. The student has a serious problem with drugs/alcohol and an in-patient evaluation is required.
- C. After-care sessions, where deemed necessary, are a requirement for continued attendance at Trinity.
- D. A second offense may be grounds for immediate dismissal.

ACADEMIC POLICIES

1. Academic Integrity

Academic dishonesty is a serious offense and will not be tolerated. Cheating may include but is not limited to sharing homework, turning in another student's work, communicating verbally or non-verbally with others during a test, communicating the contents of a test to others, using unauthorized materials for a test, cell phone use during a test or quiz, copying off another's paper, plagiarism, (the presentation of another's ideas or words as if they were your own) and use of undocumented information from the Internet. Students who are found to be cheating will not receive credit for that assignment, test, or quiz. The teacher will notify parents and the Dean. Repeated offenses will result in additional consequences.

2. Academic Probation and Dismissal

If a student earns 1 or more failure(s) at any block, she is placed on academic probation for the following session. She will meet regularly with her counselor who monitors her progress throughout the session. A student who fails the same course two times will not be allowed to continue at Trinity. If a student on probation fails 2 or more classes at the end of a session, she may be required to transfer to another school that can better meet her academic needs and abilities.

3. Class Ranking

A student's class rank is first reported to students and parents on the January report card during the sophomore year. During the first block of the senior year, seniors will be hand-ranked based on their final grades earned at the end of their junior year. Students who are enrolled in honors courses will be ranked on a 5.0 scale. Students enrolled primarily in college prep courses will be ranked on a 4.0 scale. If two students share the number one spot, the third student will be ranked second. The rank that is sent to colleges upon the student's application will be the one that is to each student's greatest advantage. The student who ranks first in the Senior Class at the end of the second block of the senior year is the class valedictorian. The student who ranks second is the salutatorian. A minimum of four academic years of credit must be earned at Trinity in order to be eligible for either of these titles.

4. Curriculum Guide

The *Curriculum Guide* is published each winter as students prepare to register for courses. It contains a brief description of every course as well as a reference to guidance services and registration information.

5. Exam Schedule

Exams are given on special-schedule days. All students are expected to be present on Exam Days. If a student misses an exam for any reason, it is the student's responsibility to make up the exam immediately upon the return to school. Exams will not be given early to accommodate a personal schedule.

6. Failure and Incomplete Grades

Any student who fails a course must make up that credit in summer school before returning the following school year. The make-up course replaces the credit, never the original grade. Students

are not allowed, as a general rule, to take those subjects during the school year to make up for past failures. Required course subject failures must be made up by the same required course subject failed. Failure in an elective course may be made up by another elective course rather than the course failed. Any student receiving an incomplete grade must make arrangements to complete exams immediately upon her return to school. **Any incompletes may become failing grades after one week. The only exception to this is an incomplete grade issued when tests have not been taken because of overdue tuition fees or fundraising responsibilities.**

7. Field Trips

Field trips enhance and expand the learning that occurs in the classroom. However, field trips are privileges afforded to students, not absolute rights. Students must have permission from all their teachers to attend a field trip and are responsible for making up any work they have missed while away. Students can be denied participation if they fail to meet academic or behavioral requirements or if they have had excessive absences from school. If a student has been absent just before a field trip, she may not be permitted to miss another day of school for the event.

8. Grading Scale

Trinity teachers use the following scale to determine grades:

A+	99-100
A	95-98
A-	93-94
B+	91-92
B	87-90
B-	85-86
C+	83-84
C	79-82
C-	77-78
D+	75-76
D	72-74
D-	70-71
F	0-69

College Preparatory courses are figured on a 4.0 scale. Honors and International Baccalaureate courses are figured on a 5.0 scale.

9. Graduation Participation

In order for a senior to participate in Graduation and the Baccalaureate, she must have earned the required number of credits for her graduating class and be in good behavioral standing. All credits taken outside of Trinity must be completed by May 1st; additionally, all tuition, fees and fines must be paid in full in order to ensure participation.

10. Guidance Counselors

Three guidance counselors work with Trinity students in the areas of academic counseling, personal counseling, referrals for counseling outside of Trinity, conflict management, parent - teacher staffing, career education and college counseling.

Mrs. Rachel Behren, Dept. Chair	Class of 2019 (A-MC), Class of 2018 (A-La) and Class of 2017 ((A-L)
Mrs. Victoria Herling	Class of 2019 (Me-Z), Class of 2018 (Le-Z) and Class of 2017 (M-Z)
Mrs. Renee Koziol, College Advisor	Class of 2016

11. Homework

Homework is an essential ingredient for success in Trinity's academic program. Students should expect 30-40 minutes of homework each night for each class they are taking. Parents are asked to be involved by providing the time and quiet place for students to complete homework that is assigned. If a student never appears to have homework, parents are urged to contact their daughter's teachers and/or guidance counselor. In addition to regular homework, many subjects and departments require projects and papers that are completed primarily outside of the classroom setting either by individual students or students working in teams. This is a means of encouraging independent work, personal and team learning, research skills and long-term planning.

12. Honor Code

As a member of the Trinity High School community, I pledge to conduct myself at all times honorably and in a way that shows pride in myself, my family, my school and my community. As a person of honor I will show:

- *respect for academic honesty*
- *respect for others*
- *respect for property*
- *respect for myself*

13. Honor Roll

Trinity's honor roll is determined each block on the following basis:

1st Honors 3.75 or better GPA

2nd Honors 3.30 – 3.74 GPA

14. Illinois State Textbook Loan Program

Students in Catholic schools are eligible to receive textbooks from the State of Illinois as funding is made available to the school. A lost book, owned either by the State of Illinois or Trinity, is the responsibility of the student and full replacement cost of the book must be paid.

15. Long Range Projects

If a paper or project has been assigned for 2 or more weeks, it must be turned in on the date specified by the teacher. Late papers and projects are subject to grade-reduction. Student absence on the day it is due does not change the due date.

16. National Honor Society

Juniors and seniors who have earned a GPA of 3.75 and have exhibited service, scholarship, leadership and exemplary character are invited to apply for membership in the National Honor Society. Applications are reviewed by a panel of teachers appointed by the principal. The panel selects students on the basis of their applications and the rules set by the National Honor Society. Membership acceptance is final and is not subject to review by the principal or any other person.

17. Parent – Teacher Conferences

Parent - Teacher Conferences are offered by appointment each year, during the first block from 6 - 9 pm. The date and time are published in the school calendar. Other appointments can be made through guidance counselors or directly with teachers for before or after school. We strongly encourage students to attend conferences with parents since; ultimately, it is the student herself who must make decisions for success in school.

18. Period Three

Period Three is designed to provide every student with a flexible study period each day. Students are assigned to a lunch period and her homeroom. During the time opposite a student's lunch, she is expected to sign into a study area, library, and computer lab or guidance department. She may receive tutoring from a teacher or peer tutor. She may attend a scheduled meeting for a club of which she is a

member. Students who abuse any of the privileges of this period may be assigned to a permanent study hall for both 3A and 3B.

- August 24—September 4; All students report to homeroom and stay in homeroom.
- Students report to **their** homeroom for attendance each day unless they are going to another location.
- Homeroom teachers mark on their homeroom lists who is absent and turn it in to the office by the end of 3B each day.
- If a student is going to a meeting, computer lab, guidance, library or another location she is to go directly to that room and sign in with the moderating adult. Each moderator signs and dates the sheet and turns it in to the office by the end of 3B.
- Supervisors will cross check homeroom lists with meeting, lab, guidance and library lists in the afternoon to be sure all students have been accounted for during 3/A and 3/B.
- Being tardy to 3A/B is not allowed.
- Students unaccounted for during 3A/3B will receive a detention.

19. Progress Reports / Edline

Information regarding a student's progress in class, grades, assignments and program are posted on Edline, a web-based communication program which also facilitates e-mail to and from parents, teachers and students. Progress reports are mailed to those without access to Edline approximately half – way through each block upon request.

20. Retreats

As an important part of our mission as a Catholic school, every student is given the opportunity to explore and deepen her faith during every school year. Retreats, which give people the time to get away from the pressures of school, home and work, provide the setting and a program that help each student learn more about herself, her God, her relationship with others, and the role that faith plays in her life. Our retreats are designed in a developmental approach, so that each year, as students mature, the retreat program helps them move more deeply toward spiritual awareness and growth. The following outline gives a brief description of the retreat program at Trinity.

Freshman Year – Students attend a half day retreat with their classmates. The goals of the retreat are introducing students to the Dominican charisma of community and to the Trinity definition of service. Students will divide into small groups to participate in a service activity with a local organization and will reunite at Trinity for meaningful reflection. This is a required school day and event.

Sophomore Year – Students attend one of two day retreats with their homerooms. The goals are to experience a smaller group discussion and sharing, to articulate one's growing faith journey, and to engage in reflection and prayer. This retreat is a required school day and event.

Junior Year— Juniors are required to attend one of two day retreats. They are assigned by homeroom. The goals of this retreat are to help students reflect on themselves as young women, to consider a deeper relationship with the God as Creator and Friend, and to engage in prayer and reflection as they begin to discern some of their long-range goals.

Senior Year – All seniors are required to attend an extended day retreat at the end of their senior year. The goals of this retreat are to reflect on their high school experience, to celebrate the relationships and gifts of the past four years, and to dream creatively about the future.

Kairos Retreat – Kairos, which means “the Lord's time,” is an optional extended retreat of three days and two nights. It is a very special time away in order to reflect on the power of God's love in our lives, especially as we experience it in family, friends and in our own hearts. Some students are selected to attend in the second half of their junior year; most attend as seniors.

A fee is charged for these retreats to pay for facility rental, meals, rooms, materials, facilitators, etc. Most retreat costs are very minimal, with the Kairos retreat costing considerably more. Students wishing to attend Kairos can arrange for a payment plan.

21. School Calendar

The school calendar is distributed to every student at the beginning of the school year. It contains dates and times of events that involve students, parents, and the school in general. Parent club meetings, free days, holidays, retreats and school events are highlighted. Any changes to this calendar will be announced.

22. School Cancellation

In the event of inclement weather or other emergency situations which might cause the cancellation of school, **please do not call the school**. Any such situations are reported to the local radio stations but are not necessarily recorded on our phone system. School closures are announced on the Trinity Website, AM 670, 720, 780 and 890; FM 94.7, 96, 99; and Channel 32.

23. Service

Community service is considered part of our commitment as Christians to live out our faith by reaching out to the world around us. Students are encouraged to serve in their school, parish, or neighborhood communities. Trinity students participate in service through co-curricular clubs and organizations, CAS of the International Baccalaureate Program, several classroom-based service learning projects, the *Preaching in Action* program, and other opportunities available through the Campus Ministry Office. **Students are encouraged to complete a Service Log Sheet for every volunteer opportunity in which they participate for potential awards, scholarships and college acceptance. Log Sheets are available in the Campus Ministry office and on the Trinity website.**

24. Students Taking Classes Outside of Trinity

If a student is taking an outside course through a Trinity-approved institution, the deadline for completion is May 1st. Graduation requirements may not be taken outside of Trinity. The only exception is if the course is failed and must be made up in order to meet graduation requirements.

25. Tuition, Fees, Fundraising

Tuition, fees and fundraising responsibilities must be current in order for a student to take Block or Session exams and move on to the next Block. When payments are completed, exams will be scheduled, subsequent grades reported and transcripts of credit updated. A fee will be added to the account for any checks returned for insufficient funds. Tuition, fees or fundraising money refunds will not be issued if a student withdraws from Trinity High School after the Block begins. Seniors must have all obligations met before they can attend Senior Prom and Graduation.

Schedule changes may require a \$75 fee and there will be a fee of \$400 per 1/2 credit for the re-taking of courses at Trinity.

A student receiving financial assistance must maintain a 2.0 grade point average throughout that school year. Academic Progress will be reviewed at the end of each session by the principal.

TRINITY HIGH SCHOOL HEALTH & FITNESS CENTER

The Trinity Health and Fitness Center is intended to provide Trinity High School students, faculty and staff with a clean, safe and enjoyable place to exercise for general fitness purposes and to promote a healthy lifestyle. It provides quality supervised programs and services for all levels of fitness.

Physical Education, Health and Nutrition classes, dance classes and activities, and Athletic Teams will also have access to the Health and Fitness Center. Proper conditioning and strength training programs are available with the Health and Fitness Director to reach individual goals.

HEALTH & FITNESS CENTER RULES & REGULATIONS

All school rules and regulations in the student handbook must be followed at all times when using the health and fitness center. Those individuals not complying with the rules will be asked to leave the facility and may have privileges suspended.

1. The fitness center will be open after school when school is in session. Monthly schedules will be posted.
2. Trained adult supervision is required at all times.
3. Orientation must be completed before using the Health & Fitness Center.
4. School identification is mandatory upon signing in.
5. A completed waiver and release form is required before using the fitness center.
6. Proper workout attire required. (i.e. shirts, shorts, sweats and gym shoes) Gym shoes must be clean and appropriate for the fitness activity.
7. There are to be no shoes except dance shoes worn in the dance studio.
8. Jewelry is not allowed.
9. No gum, food or drinks. Only water is permitted.
10. If others are waiting; please limit your time on each machine to thirty (30) minutes. Students have priority to the equipment.
11. Wipe down and clean machines after each use.
12. Immediately report any injury/problem to the Fitness Center Director.
13. Immediately report any equipment that is not working properly to the Fitness Center Director.
14. Return all equipment to designated areas.
15. Ask questions regarding proper use of equipment.
16. Trinity High School is not responsible for lost or stolen items.
17. No loitering in or around the Health & Fitness Center.
18. All bags and any personal items must be kept in a locker in the locker room with a Trinity lock. Locks may NOT be left on the lockers overnight.
19. Limit showers to ten (10) minutes. You must provide your own towel and toiletries and clean up after yourself. This is not spa Trinity.

Please complete the Health and Fitness Center Contract on page 157

ELIGIBILITY POLICY FOR ATHLETIC AND CO-CURRICULAR PROGRAMS

The purposes of this policy are as follows:

- To establish qualifications for participating in athletic and co-curricular activities
- To provide motivation to keep academic performance high
- To aid students in balancing the various aspects of their lives.

Trinity's basic beliefs regarding eligibility for participation include:

- Academic / intellectual development is the primary focus of Trinity High School.
- Students represent the school and should reflect Trinity in the best light.
- Students are motivated by eligibility standards to maintain academic performance.
- Standards should be enforced firmly and consistently.
- Students who are heavily involved in and outside of school must learn to budget time and set priorities.
- Participation in co-curricular and athletic programs are essential to becoming well-rounded persons, but they are a privilege that accompanies good behavior and academic performance.

A minimum grade point average (GPA) of 2.0 must be maintained in order to participate in interscholastic athletics and Trinity productions as well as to hold office in student government, organizations and clubs.

- Grades from the most recent block will be used to determine grade point eligibility.
- Any student who is failing a course at the time of progress reports must raise her course average within two weeks of the date of the progress report. If after two weeks the student is not passing the course, she will not participate in any sport, production or office until her grade is up to passing according to the Trinity High School grading scale.
- Any student who is failing more than one course at the time of progress reports will not participate in any sport, production or office until all grades are up to passing according to the Trinity High School grading scale.
- A failing grade for any block including Block IV results in a student's being suspended from participation during the following block until a passing grade is indicated at Progress Report time.
- All freshman students new to Trinity are eligible the first block they are in attendance.
- Summer school grades shall not be figured in determining eligibility.
- A minimum GPA of 2.0 must be held to try out for a sport. Eligibility may be determined by a report card, progress report or teacher evaluation.
- Provided that a freshman student has no F's in the first block, the minimum GPA for eligibility is a 1.6 for the first block ONLY. She is given two (2) weeks to raise her grades. Failure to do so results in ineligibility.
- It is the responsibility of the moderator or Athletic Director to determine eligibility and to notify the student. The Dean oversees the verification.

INTERNET | NETWORK AND E-MAIL ACCEPTABLE USE POLICY

Trinity High School provides students access to the educational tools they need now and will need in college and beyond. Responsible use of computer networks and the Internet are a part of those tools. With this as our goal, students have access to Trinity's computer network, Trinity e-mail, Destiny Library and the Internet. Through the Internet, students gain access to faculty and other students, as well as databases, libraries and computer services from all over the world.

Use of the Internet provides great educational benefits to students through its access to a wealth of

information. However, some material accessible via the Internet may contain items that are illegal, defamatory or potentially offensive to some people. **Students may only use electronic media provided they are logged into the Trinity network. The network is provided for students to conduct research and communicate with others for educational purposes only.** Access to network services is provided to students who agree to act in a considerate and responsible manner. Use of this communication system is a privilege, not a right. Users have no expectation of privacy in their use of the Trinity network. Trinity has the right and responsibility to monitor the use of our network by its users including tracking of internet, e-mail, network, hardware and software use.

Use entails responsibility; therefore it is required that students and parents read and sign the following Acceptable Use Policy before access will be granted on any Trinity technology equipment. Misuse or unacceptable use of the school equipment, network, e-mail or Internet will result in the revocation of a student's access rights as deemed necessary by the Dean of Students. Severe misuse or repeated offenses will result in more severe consequences up to and including academic probation, suspension or expulsion.

Terms of Agreement:

Students must

- Respect and protect the privacy of others.
 - Use only Trinity assigned accounts.
 - Not view, use, share or copy passwords, data, or networks to which they are not authorized.
 - Not distribute private information about themselves or others.
- Respect and protect the integrity, availability, and security of all electronic resources.
 - Observe all network security practices, as posted.
 - Report security risks or violations to a teacher or network administrator.
 - Not destroy or damage data, networks, or other resources that do not belong to them, without clear permission of the owner.
 - Conserve, protect, and share these resources with other students and Internet users.
- Respect and protect the intellectual property of others.
 - Not infringe copyrights (no making illegal copies of music, games, or movies!).
 - Not plagiarize. See page 17 of the handbook.
- Respect and practice the principles of community.
 - Communicate only in ways that are kind and respectful.
 - Report threatening or discomfoting materials to a teacher.
 - Not intentionally access, transmit, copy, or create material that violates the school's code of conduct (such as messages that are obscene, profane, lewd, vulgar, inflammatory, threatening, rude, discriminatory, or meant to harass).
 - Not intentionally access, transmit, copy, or create material that is illegal (such as obscenity, stolen materials, or illegal copies of copyrighted works).
 - Not use the resources to further other acts that are criminal or violate the school's code of conduct.
 - Not send spam, chain letters, or other mass unsolicited mailings.
 - Not buy, sell, advertise, or otherwise conduct business or online shopping, unless approved as a school project.
 - Not degrade or disrupt equipment, software or system performance.
 - Not spread computer viruses.
 - Not attempt to install any additional software on any computer on the network, add any on line service or alter the computer's hard drive in any way
 - Not alter existing or install personal screen savers and pictures.
 - Not download or use services that require additional charges.

- o Not subvert network security, impair functionality of the network, or bypass restrictions set by the network administrators or assist others in violating these rules by sharing information or passwords.
- o Not distribute “junk” mail, such as chain letters, advertisements or unauthorized solicitations.

Please complete the Internet/Computer Network Contract on page 155.

INTERSCHOLASTIC TRINITY ATHLETICS

Trinity’s student athletes consistently carry a 3.0 or better average. They bring diligence, perseverance and excitement to each game or meet as they work tirelessly to polish their natural athletic talent and to combine individual efforts with team cooperation.

Trinity’s Blazers participate in ten interscholastic sports through the Girls’ Catholic Athletic Conference (GCAC) and under the auspices of the Illinois High School Association (IHSA).

Fall Sports:

- Cross Country
- Golf
- Swimming
- Tennis
- Volleyball

Winter Sports:

- Basketball
- Bowling

Spring Sports:

- Lacrosse
- Soccer
- Softball
- Track & Field

Trinity High School does not recruit students or attempt to recruit students for athletic purposes in accordance with the Illinois High School Association. Any contact with students, home visits and/or phone calls are prohibited. Gifts, leadership awards, scholarships or financial aid are not offered for athletic ability.

The Trinity High School athletic program includes 10 sports and 21 teams. Trinity’s *Blazers* participate in interscholastic athletic competition in conjunction with the Girls Catholic Athletic Conference (GCAC) under the auspices and rules of the Illinois High School Association (IHSA). The main objective of Trinity’s athletic program, which is co-curricular to our educational mission, is to foster participation, competition, sportsmanship, skill and social development.

Policies and rules pertaining to participation in Trinity’s athletic program and sports teams, as well as IHSA rules, are contained in the Athletic Handbook distributed to all athletes at the start of each sport season.

The purpose of The Blazer Athletic Handbook is to present information and guidelines regarding athletics to student athletes enrolled at Trinity High School. We ask that students and parents read the contents and keep The Blazer Athletic Handbook as a reference and guide throughout the school year. Student athletes and parents are required to sign the Athletic Contract at the end of the handbook and to file it with the Athletic Director by the date requested.

Trinity’s Administration and Athletic Staff welcome you to our *Blazer* teams and programs. We pledge our assistance and support as we work with students and parents in building a quality athletic program within our educational environment.

TRINITY BLAZERS

OBJECTIVES OF PARTICIPATION

The interscholastic athletic program, like co-curricular clubs and organizations, serves as a complement to the classroom, one which attempts to help Trinity students meet goals through experiential learning opportunities. The purposes of this program are to provide Trinity's student athletes with these opportunities:

1. To achieve a sense of self-worth and to develop self-confidence.
2. To develop their physical talents to their maximum potential.
3. To engage in competitive activities.
4. To learn new skills beyond those already acquired and to improve on them.
5. To exemplify good sportsmanship as a means of learning good citizenship.
6. To experience both winning and losing.
7. To learn from experience that consequences follow the violation of a rule.
8. To experience working as a member of a team in order to achieve both personal and shared goals.
9. To develop leadership, listening and communication skills.
10. To engage in problem solving and decision making.
11. To participate in organized activities with other young women whose different backgrounds and experiences enrich their own.
12. To understand and practice the principles of sound health, safety and physical fitness.
13. To manage time effectively.

TRINITY BLAZERS

ATHLETIC CODE OF CONDUCT

Trinity High School administrators, coaches of athletic teams and sponsors of student activities believe that students who are selected for the privilege of membership on teams will conduct themselves as responsible representatives of the school. In order to ensure this conduct, coaches and school officials enforce a Code of Conduct that is consistent with Trinity's Mission Statement and general Student Code of Conduct. Consequently, students athletes who fail to abide by the Code of Conduct are subject to disciplinary action. Members of teams must serve as exemplars of high moral character and must demonstrate the same appropriate academic and co-curricular commitment which is expected of all Trinity students.

As recognized representatives of their school, student athletes are expected to exhibit appropriate

behavior during their sports season and out of it, in uniform or out of uniform, on campus or off campus, during the school day and outside of the school day.

*Trinity High School reserves the right to amend
and interpret the policies contained in this handbook
when appropriate and necessary.*

HANDBOOK CONTRACT

PLEDGE FOR BLAZER EXCELLENCE

PROGRAM

TRINITY HIGH SCHOOL

Student Agreement:

I have read the Student Directives which appear in the 2015- 2016 Student Handbook, particularly the policy on Academic Integrity and the use of information technology. I understand that my failure to adhere to these rules will result in disciplinary consequences as spelled out in this same hand-

book. I further understand that any incidents of academic dishonesty will result in receiving no credit for the work and may require an Administrative review.

Student's Signature

Please Print Student's Name

Date

Homeroom

Parent Agreement:

I have read and discussed with my daughter the Student Directives which appear in the 2014- 2015 Student Handbook. I understand these rules and agree to help my daughter understand and follow them. I understand that her failure to adhere to these rules will result in disciplinary consequences as spelled out in this same handbook. I am particularly aware of the Academic Integrity policy and use of information technology, and understand that any incident of academic dishonesty will result in my daughter receiving no credit for the work and may require an Administrative review.

In addition, I have reviewed the Pledge for Blazer Excellence Program and I have signed and returned the confidential participation/support form to Mrs. Lamacki or the main office.

Parents/Guardian Signature

Date

To be returned to your Homeroom Teacher by Friday, September 4, 2015

STUDENT EMERGENCY NUMBERS

Homeroom Number

PLEASE PRINT CLEARLY

Student's Name _____ Class of _____

Home Telephone Number (include area code) _____

Parent/Guardian's Name _____

Work Number _____

Cell Phone Number (include area code) _____

Parent/Guardian's Name _____

Work Number _____

Cell Phone Number (include area code) _____

Medical History (Allergies, Chronic illness, injuries or other conditions the hospital/Dr. should know)

Medications _____

Names of two people, other than parents, that we can reach in case of emergency.

Name _____ Relationship _____

Area Code/Phone Number _____

Name _____ Relationship _____

Area Code/Phone Number _____

To be returned to your Homeroom Teacher by Friday, September 4, 2015

**INTERNET/ NETWORK AND E-MAIL
ACCEPTABLE USE CONTRACT**

PLEASE PRINT

Student Name _____

My parents'/guardians and my signature on this form represents that I have read and agree to abide by the Acceptable Use Policy. I am aware Trinity High School network administrators and their authorized employees monitor the use of information technology resources to help ensure that uses are secure and in conformity with this policy. Administrators reserve the right to examine, use and disclose any data found on the school's information networks in order to further the health, safety, discipline, or security of any student or other person, or to protect property. They may also use this information in disciplinary actions, and will furnish evidence of crime to law enforcement. I under-

stand that failure to adhere to these rules will result in disciplinary consequences. I also understand that if I do not have a signed acknowledgement of the policy I will be denied access to the school's technology equipment including computers, digital recording devices, printers and Smartboards.

Parent/Guardian Signature _____

Date _____

Student Signature _____

Date _____

To be returned to your Homeroom Teacher by Friday, September 4, 2015.

HEALTH & FITNESS CENTER CONTRACT WAIVER & RELEASE FORM

Please Print Clearly

LAST NAME _____

FIRST NAME _____

AGE _____ DOB (Month/Day/Year) _____ HR _____

The Trinity Health and Fitness Center is intended to provide Trinity High School students, faculty and staff with a clean, safe and enjoyable place to exercise for general fitness purposes and to promote a healthy lifestyle.

1. I am in good physical condition and able to use the facilities and equipment and to participate in

any and all exercise and fitness activities. I fully recognize that I am responsible for knowledge of my own state of health at all times.

2. I will do all exercise and participate in all activities at my own pace and at my own risk. I will use good judgment while exercising, will not overexert and will follow any instructions concerning exercise procedures. If I have any questions regarding my workout, I will consult a trained professional.
3. I understand that in participating in one or more exercises or fitness activities at the facility, or in use of the equipment or the facility in any way, there is a possibility of accidental or other physical injury. I hereby release and discharge Trinity High School and any employee from any and all liability, harm and damage, and waive any and all claims for any injury, accident or loss.
4. I acknowledge that I have read the current rules and regulations governing the use of the Health and Fitness Center. I agree that I will fully comply with all rules and regulations as instituted by Trinity High School.

Student's Signature _____ / _____
PRINT NAME LEGIBLY/ SIGNATURE

Parent or Guardian _____ / _____
PRINT NAME LEGIBLY/ SIGNATURE

Date: _____

To be returned to your Homeroom Teacher by Friday, September 4, 2015

TRINITY ALMA MATER

***TRINITY, OUR ALMA MATER,
WE'LL BE EVER TRUE TO YOU.
PLEDGING OUR FIDELITY
TO THE WHITE AND THE BLUE.***

***TRINITY, OUR SCHOOL FOREVER,
TO YOU WE PLEDGE OUR BEST ENDEAVOR.
FOR IT'S TRINITY WE'LL EVER CHERISH.***

OUR ALMA MATER, TRINITY